

## Live presentation in Kathmandu

### Theme # 7: Spirituality and Positive Change

#### 7.1. Discovering the Deeper Power and Inspiration of Spirituality in the Use of Appreciative Inquiry

Rick Krivanka serves as Director of Pastoral Planning for the Catholic Diocese of Cleveland. He has worked with applications of Appreciative Inquiry over the past 18 years in a variety of religious/ecumenical, public school and community settings relating to planning, leadership development, inter-generational community building, spiritual growth and organizational change.

Fr. Norm Douglas, a graduate of The University of Akron and St. Mary Seminary, was ordained a Catholic priest for the Catholic Diocese of Cleveland in 1974, and in 1990 co-founded and serves as Executive Director of “Heart to Heart Communications” (<http://www.h2hc.org/>) whose mission is to serve as a community catalyst for personal and spiritual development as a foundation for enriching workplaces. He is a nationally-known speaker and co-author of the book “How in the World Do We Make a Difference? Getting to the Heart and Soul of Love and Work”.

#### **Summary:**

We recognize that Appreciative Inquiry is having a remarkable and profound impact upon personal, communal and organizational life and change in countless settings around the world. We believe there is a deeper, powerful and inspiring foundation to AI which flows out of people's spirituality and the connections they make with the use of AI. Peter Drucker has said: "It is the spirit that motivates, that calls upon people's reserves of dedication and effort, that decides whether people will give their best or just enough to get by."

In this workshop, we will share some of our discoveries about a spirituality of AI that connects spiritual principles with practical use in ways that can be appreciated by people from a broad range of spiritual and faith traditions. We will use an AI interview and dialogue process that provides an opportunity for participants to share the stories of how their spiritual beliefs and connections have inspired their use of AI as a practice and way of life, and how AI has influenced their spiritual perspectives.

#### 7.2. INNER AI: Cleaning the windows of perception by appreciative inquiry of the Inner world

#### **Presenter:**

Hans Uijen is an independent consultant in organization development and a ‘spiritual finder’. He has a graduate degree from Erasmus University Rotterdam in Management of Change.

#### **Summary:**

- Why do we sometimes lose our appreciative outlook, if only for a moment?
- If we get ‘triggered’ into reactivity, how can we appreciate that?
- How can appreciating these incidents help us become more whole and therefore more effective AI practitioners?
- Learn about INNER AI and its 4D cycle (which is very different from ‘regular’ AI !)

Through INNER AI we can investigate deeper. We may find underlying unconscious beliefs, unmet needs and accompanying emotions. If we can truly appreciate these emotions and see what is happening in our consciousness, old conditionings and traumas dissolve. Through INNER AI we fundamentally enhance our capacity to love and appreciate and become more effective and joyful in the outer world.

In this workshop INNER AI is presented, we exchange experiences, collect stories, and develop in-depth thinking and practice pertaining the AI practitioner him/her self. This, in turn, serves as a basis for the improvement of the practice of AI.

### 7.3. OPTIMISM OR UTOPIAN DREAMS

**Presenter:**

Russell Deal

He has a background in social work, psychology and education. He is the creator and publisher of a range of 'seriously optimistic', conversation building tools used by human service workers in many countries.

**Summary:**

This interactive, hands-on workshop uses a number of 'artifacts' or tactile/visual tools to demonstrate the power of metaphor and creative arts to build conversations about 'what's really important.'

Russell uses humour, puppets, stress balls and puzzles as well as many of the card-based materials from Innovative Resources to suggest ways to weave playfulness and soulfulness together to keep hope alive in the face of discouragement, despondency and despair.

These original, engaging hands on tools can bring Appreciative Inquiry alive in some very different ways and feature in the 'tool-kits' of many facilitators

### 7.4. Healing Conversations Toward End of Life

**Presenter:**

Tony Silbert is a partner in Innovation Partners International and has over 20 years of experience in organizational development, AI, change leadership consulting, training design and delivery. He is the co-author of the upcoming book: "Healing Conversations Toward End of Life"

**Summary:**

Many people struggle to engage in meaningful and important conversations with patients, family members, and loved ones as they near end of life. Frequently family members and caregivers – who want to be supportive – lack the skills to prompt these significant conversations and miss the opportunity to connect more deeply or provide the care and support most needed. Healing Conversations provide a framework, tools, and support to strengthen these interactions we all want and need at this special time.